

# The Fruit of Temperance



**1 Corinthians 9:24-27**

- **Review – “The Fruit of the Holy Spirit – Gal. 5:22-23**
- **We are looking at the traits.**
- **Lesson #2 – “The Fruit of Love”**
- **Lesson #3 – “The Fruit of Joy”**
- **Lesson #4 – “The Fruit of Peace”**
- **Lesson #5 – “The Fruit of Longsuffering”**
- **Lesson #6 – “The Fruit of Gentleness”**
- **Lesson #7 – “The Fruit of Goodness”**
- **Lesson #8 – The Fruit of Faithfulness”**
- **Lesson #9 - “The Fruit of Meekness”**

## **The Fruit of Temperance – 1 Corinthians 9:24-27**

- **Temperance: to master and control the body or the flesh with all of its lusts.**
  - **Paul was fond of athletic images and used them often in his letters.**
  - **An athlete must be disciplined if he is to win the prize.**
  - **The Christian does not run the race in order to get to heaven.**
  - **In order to give up his rights and have the joy of winning lost souls, Paul had to discipline himself.**
  - **The passage is one of the great challenges of Scripture, a challenge that every minister and believer should memorize and keep before their minds.**
1. **The minister or believer enters the Christian race, and he enters to win (v. 24).**
    - **The point is this: the minister and layman alike must run as diligently as the runner at the Olympic Games (Gal. 5:7; Phil. 2:16; 3:14; Heb. 12:1; 2 Tim. 4:7-8).**