

# The Fruit of Gentleness



**Philippians 4:5**

- Review – “The Fruit of the Holy Spirit – Gal. 5:22-23
- Only the Holy Spirit can produce the fruit of the Spirit and not by our own efforts.
- We are looking at the traits.
- Lesson 2 – “The Fruit of Love” – 1 Corinthians 13:1-13
- Spiritual gifts are useless and even destructive if they are not minister in love.
- Lesson # 3 – “The Fruit of Joy”
- Joy – an inner gladness; a deep-seated pleasure.
- Lesson #4 – “The Fruit of Peace”
- Shalom – means harmony, wholeness, soundness, wellbeing, and success in all areas of life.
- This peace is an inner tranquility given to us by the Holy Spirit.
- Lesson #5 – “The Fruit of Longsuffering”
- Longsuffering: patience, bearing and suffering a long time, perseverance, being constant, steadfast, and enduring.

## **The Fruit of Gentleness - Philippians 4:5**

- The fruit of gentleness: it is kind and good, useful, and helpful, gentle and sweet, considerate, and gracious through all situations.
- The Apostle Paul declared that Christians should have the spirit of gentleness toward all people.
- We have all heard the phrase: “Clothes make the man!”
- Here in the book of Ephesians Paul discusses the things that are to be stripped off and the things that should be put on (Eph. 4:25-32).
- The believer is to put on the garments of the new man (v. 32).
- “Be (become) ye” denotes the radical change that should take place in the believer so that there will be no vacuum in his life.

1. The word “kind” means to be gentle, caring, helpful, courteous, good, useful, and showering favors upon people.
  2. The word “tenderhearted” means to show compassion, mercy, understanding, love, tenderness, and warmth.
  3. The word “forgiving” means to be gracious to a person, to pardon him for some wrong done.
  4. The reason we should forgive each other is because God has forgiven us.
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- In Philippians 4:5, Paul is speaking to Christians, not to unbelievers.
  - In verse 5, the word “moderation” is translated by some as gentleness, forbearance, consideration, courtesy, and softness.
1. Believers are to be gentle and forbearing in dealing with unbelievers.
  2. The reason we must be gentle to men is because the Lord is at hand.