

# **Meditating on the Word of God**



**Joshua 1:1-9**

**Psalm 1:2**

- In order to have “A Good Journey Spiritually” we must continue to grow healthy and strong.
  - There are many Christian believers that have stopped growing spiritually.
  - Purpose: to give us the tools that are necessary for us to grow so that we will reach maximum development.
  - Goal: for us to mature so that we will be instruments in God’s hands to accomplish His will for our lives.
  - We must have the right appetite for the Word of God.
  - Success for a Christian is fulfilling your God given purpose in life.
  - To meditate means to mutter, to speak over again.
  - To meditate means to read quietly or to talk to yourself as you think.
  - To meditate on something is to roll it over and over in your mind in much the same way that a cow chews its cud.
  - To meditate means to reflect: to moan to mutter, to ponder; to make a quiet sound such as sighing; to meditate or contemplate something as one repeats the words.
  - If we are going to have “good success” in this life we must learn how to meditate on God’s Word.
1. To meditate means that we are going to be open to God and to know that God is flowing through me.
    - It means being very sensitive to God.
    - A. Everything I say, I will say like the Bible (Prov. 18:21).
    - B. Every word that comes out of my mouth will minister grace to the hearer (Eph. 4:29).
  2. Meditating on the Word of God will bring me “good success” (v. 8).
    - A. “Good Success” – success that has a beneficial effect and the end-result that it will edify me and glorify God.
    - B. “Good Success” – that which the end-result is going to have eternal and everlasting and positive results in my life both in this life and the life to come.

3. To meditate on the Word of God will cause me to stand under a continual flow of blessings (Psalm 1:1).
  - Blessed: positional; state that the believer is in; to be under the constant flow of God.
  - A. His delight is in the Word of the Lord (v. 2).
  - B. Those seeking to live under God's blessings meditate on God's Word in order to shape their thinking, attitudes, and actions.
  - Psalm 119 is the most thorough book on meditation.
  - Whenever situations of life hit you, immediately meditate upon the Word of God.